

- Living in the wider world
- Health and well being
- Relationships

<b>TGS KS3-4 RSHE LONG TERM OVERVIEW</b>					
	<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>	<b>Year 10</b>	<b>Year 11</b>
<b>Autumn 1</b>	<b>Transition and Safety</b> Transition to secondary school and personal safety in and outside school, including first aid. <b>Assessment: leaflets</b>	<b>Discrimination</b> Discrimination in all its forms: racism, religious discrimination, disability discrimination, sexism, homophobia, biphobia and transphobia. <b>Assessment: display posters</b>	<b>Peer Influence and Substance Misuse</b> Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation. <b>Assessment: discussion</b>	<b>Mental Health</b> Mental health and ill health, stigma, safeguarding health, including during periods of transition or change. <b>Assessment: leaflets</b>	<b>Building for the Future</b> Self-efficacy, stress management and future opportunities. <b>Assessment: mind maps</b>
<b>Autumn 2</b>	<b>Friendship, Respect and Relationships</b> Self-worth, romance and Friendships and relationship boundaries. <b>Assessment: advice letters</b>	<b>Emotional Wellbeing</b> Mental health and emotional wellbeing, including body image and coping strategies. <b>Assessment: discussion</b>	<b>Respectful Relationships</b> Families and parenting, healthy relationships, conflict resolution and relationship changes. <b>Assessment: diamond 9</b>	<b>Healthy Relationships</b> Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography. <b>Assessment: advice posts</b>	<b>Communication in Relationships</b> Personal values, assertive communication, relationship challenges and abuse. <b>Assessment: diamond 9</b>
<b>Spring 1</b>	<b>Diversity</b> Diversity, prejudice, and bullying. <b>Assessment: graffiti wall</b>	<b>Community and Careers</b> Equality of opportunity in careers and life choices, different types and patterns of work. <b>Assessment: mind map</b>	<b>Healthy Lifestyle</b> Diet, exercise, lifestyle balance and healthy choices and first aid. <b>Assessment: display posters</b>	<b>Exploring influence</b> The influence and impact of drugs, gangs, role models and the media. <b>Assessment: discussion</b>	<b>Different families</b> Parental responsibilities, pregnancy, marriage and changing relationships. <b>Assessment: discussion</b>
<b>Spring 2</b>	<b>Health and Puberty</b> Healthy routines, influences on health, puberty, unwanted contact and FGM. <b>Assessment: quiz</b>	<b>Dangers Online and Offline</b> Substance misuse, county lines, digital literacy and grooming. <b>Assessment: quiz</b>	<b>Intimate Relationships</b> Relationships and sex education including consent, contraception, the risks of STIs and attitudes to pornography. <b>Assessment: mind map</b>	<b>Financial Decision Making</b> The impact of financial decisions, debt, gambling and the impact of advertising on financial choices. <b>Assessment: scenarios</b>	<b>Independence</b> Responsible health choices, and safety in independent contexts. <b>Assessment: scenarios</b>
<b>Summer 1</b>	<b>Staying Safe online and Offline</b> Staying safe online, social media & media reliability, gaming, gangs and drugs. <b>Assessment: continuum</b>	<b>Identity and Relationships</b> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception. <b>Assessment: diamond 9</b>	<b>Emotional Wellbeing</b> Mental illnesses, support, strategies and treatment, social media and online stress. <b>Assessment: producing a blog/vlog</b>	<b>Addressing Extremism</b> Communities, belonging and challenging extremism. <b>Assessment: continuum</b>	<b>EXAM SEASON</b>
<b>Summer 2</b>	<b>Developing skills and decision making</b> Careers, enterprise skills, and raising aspirations. <b>Assessment: mind map</b>	<b>Politics and Parliament</b> Political parties, elections and campaigning, political debates and exploring Parliament. <b>Assessment: debate</b>	<b>Employability Skills</b> Employability and online presence. <b>Assessment: role play</b>	<b>Exploring British Values &amp; World Issues</b> Discrimination, aid, modern day slavery, human trafficking and HBV. <b>Assessment: peer assessment</b>	

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