

- Living in the wider world
- Health and well being
- Relationships

TGS KS5 RSHE LONG TERM OVERVIEW		
	Year 12	Year 13
Autumn 1	Transition into Sixth Form Creating a community, work Life balance, skills for success, body image and enhancement, prescription and recreational drugs.	Health and Wellbeing Handling things you can't control, dealing with pressure, personal privacy and online safety, drug and alcohol use, drink spiking, impact of alcohol and drugs.
Autumn 2	Relationships Relationship values, emotional intimacy, pleasure, consent, contraception, STIs and negotiating relationship difficulties.	Contraception and Parenthood Unintended pregnancies and young parenthood, contraception, fertility, birth and miscarriage, adoption and fostering, pornography.
Spring 1	Employment Rights and Responsibilities Professional relationships, professional conduct, workplace confidentiality and security, workplace bullying and harassment.	Financial Choices Budgeting, taxes, national insurance, pensions, saving options and consumer rights, debt, managing financial contracts.
Spring 2	Bullying, Abuse and Discrimination Managing negative influence and manipulation, abuse, harassment and stalking, aggressive social situations, prejudice and discrimination, celebrating cultural diversity.	Life Hacks Gambling, healthy diets, illnesses and registering with health services, vaccinations and immunisations, sun safety and screenings, travelling abroad with friends.
Summer 1	Mental Health and Wellbeing Building positive mental health, managing stress and anxiety, seeking support, becoming a critical consumer of online information, first aid.	EXAM SEASON
Summer 2	Personal Safety Gangs, organised crime and weapons, travelling, party drugs, festivals	