



Create a personal brand (CV and online)

Prepare for interviews

Learn how to manage transitions

Prepare for an employer assessment day

Learn about self-employment

Discuss: the 4-day week

Prepare for a careers 1:1

Explore pros and cons of post-18 pathways

Learn how to set career goals

Learn how to network and be enterprising

Learn how to balance life, learning and work

Discuss: what makes a good employer?

Grow throughout life

Grow throughout life by learning and reflecting on yourself, your background, and your strengths.

Explore possibilities

Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.

Manage career

Manage your career actively, make the most of opportunities and learn from setbacks.

Create opportunities

Create opportunities by being proactive and building positive relationships with others.

Balance life and work

Balance your life as a worker and/ or entrepreneur with your wellbeing, other interests and your involvement with your family and community.

See the big picture

See the big picture by paying attention to how the economy, politics and society connect with your own life and career.

